

This activity is part of a series of legacy-building and memory-making activities offered through Hospice. Most of the activities are suitable or can be adapted for children of all ages. We encourage all members of the family to participate in any of the activities you select.

Lip Print Mementos

Use lip balm and lipstick to create “kisses” from a loved one.

Included Materials:

- Cotton Fabric
- Cotton swabs
- Lip Balm

Needed Materials:

- Lipstick
- Kleenex tissue

Instructions:

1. Put a light layer of lip balm on the person's lips with cotton swab and blot off with a tissue.
2. Scrape lipstick with another cotton swab and apply light layer of lipstick to person's lips.
3. Have the person make a “kiss face”, and holding the fabric tightly between two hands, gently press the cotton fabric onto the lips.
4. Lift the fabric straight up and away from the lips.
5. If the person is unable to do this on their own, it will take two people to assist with this activity. Have one person gently cup the person's chin, and with the person's mouth closed, the other person will gently press the cotton fabric onto the lips, holding the fabric tightly.
6. Lift the fabric straight up and away from the lips.
7. Each application of lipstick generally makes 2-3 “kisses”.
8. After you have completed the activity, remove any lipstick that remains on the lips.

Tips and suggestions:

- This can be done by family members to leave physical kisses with their loved one who is dying/has died, or can be done by the dying person for those left behind.